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MIRACLE USES *for*

ALOE VERA GEL

INCLUDING HOME REMEDIES, SPA TREATMENTS AND MORE!



lalune
naturals

Natural Aloe Vera Exfoliator

Exfoliating with Aloe Vera and other natural ingredients will reveal soft, glowing skin.

Ingredients

1/2 Cup La Lune Naturals Aloe Vera Gel
Brown sugar or baking soda

Directions

Mix 1/2 cup of aloe with just enough brown sugar or baking soda to get a gritty texture. Then rub it on your elbows, heels, arms, or wherever else needs softening in the shower.



TIP: Try using La Lune Naturals Konjac Sponge to gently exfoliate your skin. Using our Konjac Sponge helps prevent blackheads & will pH balance your skin.

Lemon & Aloe Vera Shaving Lotion



Aloe vera gel is antibacterial, which is great for nicks, it's gel consistency allows for smooth shaving. Combined with the natural ingredients below, it makes the perfect shaving lotion.

Ingredients

1/3 cup La Lune Naturals Aloe Vera Gel
1/4 cup castile soap or hand soap
1 Tbsp almond oil
1/4 cup distilled warm water
1 tsp vitamin E oil
5 drops of La Lune Naturals Lemon Oil

Directions

Mix all ingredients in a foaming bottle or a clean soap pump dispenser.

Shake well before you use, and refrigerate up to six months.

All Natural Eyebrow Gel

Keep unruly eyebrows in place with this all natural alternative to traditional make up eyebrow gel.

Ingredients

1-2 tsp La Lune Naturals Aloe Vera Gel
Clean eyebrow wand

Directions

Dip eyebrow wand in aloe vera gel and apply to brow area.



Eye Makeup Remover



Aloe Vera gel soothes and repairs skin, making it the perfect alternative to traditional eye make up remover.

Ingredients

La Lune Naturals Aloe Vera Gel
Cotton Balls

Directions

Apply a few drops of aloe vera gel to the cotton ball. Gently rub over and under eyes (careful not to get the gel in the eye) until eye make up is removed.

Foot Mask and Heel Softener

Soften and exfoliate your feet with the 'heeling' aloe vera treatment.

Ingredients

4 Tbsp La Lune Naturals Aloe Vera Gel
1/2 cup oatmeal
1/2 cup corn meal
1/2 cup unscented body lotion

Directions

Mix together ingredients and rub all over tired feet until well exfoliated. Sit for 10 minutes, then rinse with warm water.



Aloe Vera Hair Conditioner



Products with amino acids promote moisture and condition our hair. Aloe vera has 20 amino acids!

You can use a ready-made aloe vera conditioner or you can mix aloe vera gel with the conditioner that you already use.

Directions

Apply La Lune Naturals Aloe Vera Gel to damp hair, starting at the scalp and working your way down to the ends. Wrap your hair in a warm, damp towel and let the treatment sink in for at least 15 minutes. Wash your hair as usual after the treatment.

Aloe Vera Lemon Hand Sanitizer

Sick of your hand sanitizer drying out your hands? Mix together this light and natural hand sanitizer. The alcohol fights germs while the aloe soothes your skin.

Ingredients

1/2 La Lune Naturals Aloe Vera Gel
1/4 cup alcohol
20 drops La Lune Naturals Lemon Essential Oil

Directions

Mix ingredients together and store in a spritz bottle. To use, spritz once and rub between hands.



Aloe Vera Honey Mask for Acne



Honey has antibacterial properties and Aloe Vera has anti-inflammatory properties that reduce redness, swelling and itch, it only makes sense to harness the power of both in on acne-fighting face mask.

Ingredients

1 Tbsp La Lune Naturals Aloe Vera Gel
1 Tbsp honey (raw and unpasteurized honey works best)

Directions.

Mix together ingredients in a small bowl. Gently apply to face. Let is sit for 20-25 minutes. Rinse with warm water.

Coconut Oil & Aloe Sugar Scrub

Moisturize & exfoliate your skin with this simple sugar scrub using our Fractionated Coconut Oil and Aloe Vera Gel!

Ingredients

1 Tbsp La Lune Naturals Fractionated Coconut Oil
1 Tbsp La Lune Naturals Aloe Vera Gel
1/4 cup of Brown sugar (for increased exfoliation)

Directions

Mix all the ingredients and rub in a circular motion onto your body and face. Gently massage to exfoliate. Rinse the scrub off alternating between cold and warm water. Pat the skin dry.



Aloe Vera & Fresh Lemon Face Wash



Since some minerals found in aloe are antibacterial, this face wash is ideal for sensitive skin, breakouts, and rosacea.

Ingredients

1 Tbsp La Lune Naturals Aloe Vera Gel
1 tsp almond milk
1 tsp fresh lemon juice

Directions

Mix together ingredients and gently wash face and rinse with warm water.

Peppermint & Aloe Sugar Scrub

The anti-inflammatory and tightening properties of peppermint oil make it a natural fit for the perfect scrub! Moisturize & exfoliate your skin with this simple sugar scrub using our Fractionated Coconut Oil and Aloe Vera Gel.

Ingredients

1 Tbsp La Lune Naturals Fractionated Coconut Oil
1 Tbsp La Lune Naturals Aloe Vera Gel
1/4 cup of Brown sugar (for increased exfoliation)
2-5 Drops of La Lune Naturals Peppermint Oil



Directions

Mix all the ingredients and rub in a circular motion onto your body and face. Gently massage to exfoliate. Rinse the scrub off alternating between cold and warm water. Pat the skin dry.

Lavender & Aloe Leave-in Conditioner



Create a spa experience at home with this soothing lavender and aloe hair conditioner. Aloe Vera has pH of 4.5 that aids in closing hair cuticles to help in controlling hair frizz while the lavender has a soothing, relaxing scent.

Ingredients

1/2 cup La Lune Naturals Aloe Vera Gel
1/2 cups water
3-5 drops lavender essential oil
Spray bottle

Directions

Mix equal parts aloe vera and water until smooth in a small bowl. Transfer this solution into a spray bottle and shake it gently.

Add in a few drops (3 to 5) of lavender essential oil and shake it again. You can spray it on your hair when you feel it to be unmanageable.

Cooling After Sun Lotion with Lavender

Cooling and soothing are the best ways to describe this simple after sun lotion made with aloe and scented with lavender essential oil.

Ingredients

3 Tbsp La Lune Naturals Aloe Vera Gel
1 Tbsp Olive Oil
2 Tbsp La Lune Naturals Fractionated Coconut Oil
1 Tbsp Cocoa Butter
15 drops of Lavender essential oil

Directions

Mix together ingredients to desired consistency. It may be necessary to heat the cocoa butter for smoothness.

Store in a jar or pot in a refrigerator to increase the cooling effect on the skin.



Grapefruit Aloe Vera Sugar Scrub



This fresh and fruity concoction will exfoliate and illuminate your skin. Not to mention the bright and flavor full aromas will awaken your senses, too!

Ingredients

2 Tbsp La Lune Naturals Aloe Vera Gel
2 Tbsp La Lune Naturals Fractionated Coconut Oil
1 cup of white sugar
2 tablespoons of fresh grapefruit juice
2 drops of grapefruit essential oil
4 tablespoons of jojoba oil

Directions

Put the sugar in a bowl and add the grapefruit oil and juice. Stir. Stir in the rest of the ingredients.

Gently apply to your skin and face and scrub to exfoliate. Wash it off alternating between warm and cold water. Pat skin dry.

Store left over scrub in a mason jar for freshness.

Coconut, Shea & Aloe Vera Hair Cream

Aloe Vera Hair Cream with Coconut oil is wonderful treatment for de-frizzing hair and nourishing split ends.

Ingredients

1 cup of raw natural Shea butter
1/2 cup of La Lune Naturals Fractionated Coconut Oil
1/2 cup of La Lune Naturals Aloe Vera Gel
1 Tbsp of jojoba oil
1 Tbsp of Jamaican Black Castor Oil

Directions

Mix all ingredients in a bowl with a hand mixer until well combined. This may take several minutes.

You want a smooth and creamy conditioner. In the shower, after washing hair with shampoo, use a teaspoon or two and smooth through hair. Allow to penetrate hair for the remainder of your shower, and rinse very well.



Zinc Oxide & Aloe Vera Acne Treatment



Harness the acne fighting powers of zinc oxide with this spot treatment for blemishes

Ingredients

1-2 Tbsp La Lune Naturals Zinc Oxide Powder
1-2 Tbsp La Lune Naturals Aloe Vera Gel

Directions

Mix equal parts of Aloe and Zinc Oxide to desired consistency. Add water if necessary.

Apply to effected areas and leave overnight. Rinse off when finished.

Aloe Vera Treatment for Rosacea

The use of aloe vera for rosacea is effective due to the healing and rejuvenating effect it has on the skin.

The gel from the succulent also relieves pain and inflammation due to the anti-inflammatory and anti-bacterial properties. It penetrates the epidermis, dermis and hypo-dermis, which are the three layers of skin, to expel the bacteria and fatty deposits from the pores.

Directions

Apply La Lune Naturals Aloe Vera Gel to skin daily as a moisturizer. Re-apply as necessary to soothe affected areas.



Whipped Key Lime Body Butter with Aloe



Get the feel of the tropics with this whipped body butter made with Aloe and Lemon & Lime essential oils.

Ingredients

2 Tbsp La Lune Naturals Aloe Vera Gel
1/2 cup La Lune Naturals Fractionated Coconut Oil
1 Tbsp olive oil (or try castor oil)
20 drops Lime Essential Oil
20 drops La Lune Naturals Lemon Essential Oil

Directions

Place all ingredients into a mixing bowl.

Mix with an electric mixer on high speed with a wire whisk attachment for 3-7 minutes or until whipped into a light, airy consistency. (After 3 minutes, check back every minute or so until it reaches the right consistency.)

Spoon the whipped coconut oil body butter into a glass jar and cover tightly. Store at room temperature, or in the refrigerator if your house is so warm it melts the oil.

Oatmeal & Aloe Vera Exfoliating Scrub

Create a refreshing scrub for your skin using Oatmeal, aloe and coconut oil. This is also wonderful for those who suffer from eczema.

Ingredients

1/2 cup oatmeal
4 Tbsp La Lune Naturals Aloe Vera Gel
1/2 cup La Lune Naturals Fractionated Coconut Oil

Directions

Mix together ingredients in a small bowl. Apply to knees, feet, hands and elbows to alleviate dry skin and exfoliate.

Store in a sealed glass container until the next use.



TIP: Try using La Lune Naturals Konjac Sponge to gently exfoliate your skin. Using our Konjac Sponge helps prevent blackheads & will pH balance your skin.

Aloe Vera Treatment for Dry Scalp



Because aloe vera gel is antic-septic, anti-bacterial, and anti-fungal, it works by cooling the effected area, calming your urge to scratch your head.

Ingredients

La Lune Naturals Aloe Vera Gel

Directions

Before shampooing, massage the pure aloe gel into your scalp. Use your fingers to rub it in and make sure it covers all areas of your head!

Leave the aloe gel in your hair for at least 20 minutes.

After the time is up, rinse out that aloe gel and continue with your normal shower routine.

Thank You

For trying our recipes!

Questions or comments?

Contact us at leah@lalunenaturals.com
or visit www.lalunenaturals.com



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